

5 4 3 2 1 Countdown To Kindergarten

Countdown To Kindergarten suggests monthly activities to help prepare a child for Kindergarten.



Monthly Activities

November: Shopping Right at Home

Use the grocery store flyers that come in the mail. Make a real or a pretend grocery list with your child. Write down what you plan to "buy," pointing out the words as you do. (Leave lots of space next to each item.) Use a crayon or marker to circle the items you plan to "buy." Cut out the circled pictures from the flyer and have your child match and glue the pictures next to the word on the page. (For cutting, Fiskars children's scissors with round ends work well. You can buy them at grocery stores, pharmacies, or discount stores.)

Other Ideas:

- Cut out the pictures in the flyer and sort by type of food (vegetables, fruits, breads, meats, and drinks).
- Make up a menu for a meal and have your child cut pictures of different types of food to tape or glue on a paper plate.
- Use the flyer for your child to search for the letters in his or her name or the numbers from one to ten, cut them out and glue or tape them on paper.

Related Books:

- *Feast For 10* by Cathryn Falwell
- *It Takes a Village* by Jane Cowen-Fletcher
- *At the Supermarket* by David Hautzig
- *On Market Street* by Arnold Lobel
- *El Gusto Del Mercado Mexicano / A Taste of the Mexican Market* by Nancy Maria Grande Tabor