

# 5 4 3 2 1 Countdown To Kindergarten

Countdown To Kindergarten suggests monthly activities to help prepare a child for Kindergarten.

## Monthly Activities

### May: Spring Walk and Talk



As you walk in your neighborhood, say that you will be listening for sounds of spring, looking for the sights of spring, and trying to find the smells of spring. Ask: "What do you hear that sounds like spring? Where is it coming from? Can you make that sound?" Next, "What do you see that's new in springtime? What colors do you see?" Take a deep breath together at different points in the walk and ask, "Do you smell a difference in the air?" Talk about the differences in weather as the seasons change.

#### Other Ideas:

- Look back at the tree you "adopted" in the fall. How is it different this month?
- Try a "safety walk." As you go around the neighborhood, ask "How should we cross the street safely?" Point out a stop sign: "Do you know what the sign says? What do you think that sign is for?" You can also talk about streetlights, bus safety, and more.

#### Related Books:

- *When Spring Comes* by Robert Maas
- *My Spring Robin* by Anne Rockwell
- *My 5 Senses* by Aliko / Spanish Version: *Mis Cinco Sentidos*