

5 4 3 2 1 Countdown To Kindergarten

Countdown To Kindergarten suggests monthly activities to help prepare a child for Kindergarten.

Monthly Activities

January: It's Cold Outside



Have your child choose the clothes to wear when it is cold and practice doing the zipping and buttoning. Make a game out of keeping all these clothes together when you take them off. Make a rap: "You put your mittens in your hat and your hat in your sleeve." If there is snow on the ground, make three different sized snowballs and use the words big, bigger, and biggest to describe them. Bring one of them inside and put it in a bowl. If there is no snow, put an ice cube in the bowl. Ask your child, "What will happen to the snowball or ice cube? How long do you think it will take?"

Other Ideas:

- When you go out, walk to the tree you chose in the fall and ask "What is different about the tree now?"

Related Books:

- The Snowy Day by Ezra Jack Keats / Spanish Version: Un Dia De Neive
- The Jacket I Wear in the Snow by Shirley Neitzel
- The Hat by Jan Brett
- Leo the Late Bloomer by Robert Kraus / Spanish Version: Leo El Retona Tardio