

5 4 3 2 1 Countdown To Kindergarten

Countdown To Kindergarten suggests monthly activities to help prepare a child for Kindergarten.

Monthly Activities

June: Let's Guess



In March you counted what you saw around the house. This month, try estimating. See what 1, 5, or 10 of something looks like. Start with a small cup or a ziploc bag. Fill it with items that are medium-sized: marshmallows, crackers, cotton balls, large hair beads. Ask your child to guess how many are in the cup, and then count them together. Take the same cup and fill it with something smaller, like grapes, pennies, or cheerios. Have your child guess how many of each fit in the cup. Ask, "Why do you think the same cup holds only 5 marshmallows, but 10 grapes?"

Other Ideas:

- Do the same game but use larger containers, and try putting different items in.
- Ask your child, "Now can you guess how many of my feet it will take to walk across the kitchen or living room?" Walk across the room and count together. Say, "Your feet are a lot smaller. How many of your feet do you think it will take to cross the room?" Have your son or daughter walk the way you did, and count together. Later, you can have another family member or a neighbor guess how many feet it took each of you, so you can show off the game again!

Related Books:

- *How Many, How Many, How Many?* by Rick Walton
- *Much Bigger Than Martin* by Steven Kellogg
- *Mouse Count* by Ellen Stoll Walsh / Spanish version: *Cuentas Ratones*